



Eclectic
pilates • beauty • wellbeing

Eclectic
Treatment
Portfolio



Body by Aromatherapy Associates

Ultimate Aromatherapy Full Body Massage	£65
Ultimate Pregnancy Massage	£75
Hot Stones Massage	£75
Relax & Sleep	£75
Intensive Muscle Release Massage	£75
Back, Neck and Shoulder Massage	£50
Back Massage	£35
Ultimate Scrub	£35
Essential Rose Facial	£35
Massage Together includes herbal tea & chocolates -	£125 per couple
Reflexology	£45

Eclectic is a luxury bespoke Pilates, Aesthetics and Wellbeing studio located in the heart of Bangor County Down. An oasis of tranquillity and calmness using only the most luxurious products such as Aromatherapy Associates, Epionce and Margaret Dabbs London.

We offer Mat and Reformer Pilates, Yoga, Massage, Reflexology, Aesthetics including Laser, Manicures and Pedicures.



Aesthetics

Skin Consultation **£30**
redeemable on any aesthetic treatment purchased on the day

Facials by Epionce *epionce*

Bespoke Facial including extraction if required **£50**

Back Facial including extraction if required **£50**

Add Milia Removal to any facial **£15**

Epionce Lite Refresh Peel **£80**

*Recommendation is at least 3 sessions - please call studio for further information

Epionce Lite Refresh Peel & Dermaplaning **£120**

Epionce Lite Refresh Peel & Microdermabrasion **£120**

Epionce Corrective Peel **£99**

Microdermabrasion **£50**

Epionce Dermaplaning **£69**



Forma - Skin Tightening TreatmentnUsing radio frequency to stimulate production of new collagen fibres in your skin.

Face only **£90**

*Recommendation is for at least 3 sessions - please call the studio for further information

Face & Neck only **£120**

*Recommendation is for at least 3 sessions - please call the studio for further information

DermaFrac is a result driven combination therapy, which is not only long lasting but also delivers firmer, smoother, and healthier looking skin **£100**

*Recommendation is for at least 3 sessions - please call the studio for further information

DermaFrac with Growth Factor Serum **£120**

*Recommendation is for at least 3 sessions - please call the studio for further information

Laser Treatments

IPL (Intense Pulsed Light) to treat pigmented and vascular lesions - improves the appearance of Age spots, Vascular lesions such as spider veins, Rosacea (redness), freckles and sun damage.

Advanced Laser Hair Removal

Available soon.

Anti-wrinkle Clinic at Eclectic

Anti-wrinkle Injectables and Fillers available - call our studio for our Doctor's latest schedule and pricing.

Hands & Feet by Margaret Dabbs London

Express Manicure or Pedicure with polish **£35**

Supreme Manicure or Pedicure with polish **£45**

Seaweed Treatments by Irish Seaweed

Celtic Seaweed Bath **£39**

Wild Ocean Detox Foot Soak **£25**

Spray Tan by Vita Liberata

Full Body **£25**

Half Body **£15**

Waxing, Brows & Lashes

(Patch test required for new clients on treatments listed below)

Waxing for face and body	from £7
Lash Lift	£35
Eye Package	£20
Eyelash Tint	£8
Eyebrow Tint	£8

Male Grooming

Gents Back	£29
Gents Chest	£29

Make-Up

Full Make-Up Application	£55 (70 mins)
Make-Up Lesson	£65 (90 mins)
Strip Lashes	£10

Eclectic Packages

Luxury Eclectic Rose Package **£75 (90 mins)**

Includes Aromatherapy Rose Bath followed by a Signature Back Massage and an Express Rose Facial -

Rejuvenating Head & Foot Package **£59 (60 mins)**

Includes an Aromatherapy Associates Serenity Scalp Massage followed by a relaxing foot & leg massage using the luxurious Margaret Dabbs London products

Reformer & Mat Pilates at Eclectic

"You will feel better in ten sessions, look better in twenty sessions, and have a completely new body in thirty sessions" – Joseph Pilates

Our purpose-built air-conditioned Pilates studios are contemporary, modern but relaxing and intimate. We offer classes to suit all levels of fitness and experience.

We offer a range of 1-2-1 and 1-2-2 sessions along with small group classes. All sessions and classes run from Monday to Saturday mornings and evenings.



If you are new to Pilates or have never used a Reformer before, we recommend that you take advantage of our **Taster Combo Sessions. £20 for two classes and must be used within 2 weeks of purchase.**

Pricing

Our classes start from	£12.50
20 Reformer Classes for	£250
12 Reformer Classes	£168
8 Reformer Classes	£128
4 Reformer Classes	£70
Single Reformer Session	£20
1-2-1 Session	£45
1-2-2 Session (train together)	£65
4 x 1-2-1 sessions	£160
4 x 1-2-2 sessions	£240
8 x 1-2-1 sessions	£300
8 x 1-2-2 sessions	£460
4 Mat Classes	£40
Single Mat Session	£12.50
Mat Zoom Class	£5

Yoga at Eclectic

If Yoga is your yin to your yang, we offer Yoga for all levels here at Eclectic in our beautiful studio oozing calmness and tranquillity. Class schedule available online.

You can pay as you go and buy in bundles:

Single class	£9
Bundle – 5 classes	£40
Bundle – 10 classes	£70

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To book any of our services please visit our website
www.eclecticlifestyle.com

download our app: EclecticNI

call us on: 028 9131 1916

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