

Eclectic
pilates • beauty • wellbeing

Eclectic
Treatment
Portfolio





Body by Aromatherapy Associates

Ultimate Aromatherapy Full Body Massage	£70
Ultimate Pregnancy Massage	£80
Hot Stones Massage	£80
Relax & Sleep	£80
Intensive Muscle Release Massage	£80
Back, Neck and Shoulder Massage	£55
Back Massage	£40
Ultimate Scrub	£40
Essential Rose Facial	£55
Massage Together includes herbal tea & chocolates -	£145

Eclectic is a luxury bespoke Pilates, Aesthetics and Wellbeing studio located in the heart of Bangor County Down. An oasis of tranquillity and calmness using only the most luxurious products such as Aromatherapy Associates, Epionce, and Margaret Dabbs London.

We offer Reformer Pilates, Yoga, Massage, Aesthetics including Laser, Manicures and Pedicures.

We require a 50% deposit on any treatment over £50 and operate a 24 hour cancellation policy. Cancellations outside of this time will be charged at the full price of the treatment.



Aesthetics

Skin Consultation **£30**
 Redeemable on any aesthetic treatment purchased on the day

Facials by Epionce *epionce*

Bespoke Facial including extraction if required **£55**

Back Facial including extraction if required **£55**

Add Milia Removal to any facial

Epionce Lite Refresh Peel **£80**

*Recommendation is at least 3 sessions - please call studio for further information

Epionce Lite Refresh Peel & Microdermabrasion **£120**

*Recommendation is for at least 3 sessions - please call studio for further information

Epionce Corrective Peel **£105**

Microdermabrasion **£55**



Forma - Skin Tightening Treatment using radio frequency to stimulate production of new collagen fibres in your skin.

Face only **£95**

*Recommendation is for at least 3 sessions - please call the studio for further information

Face & Neck only **£125**

*Recommendation is for at least 3 sessions - please call the studio for further information

DermaFrac is a result driven combination therapy, which is not only **£100**

long lasting but also delivers firmer, smoother, and healthier looking skin

*Recommendation is for at least 3 sessions - please call the studio for further information

Laser Treatments

Laser Consultation **£30**

All laser treatments require a consultation which is redeemable on any laser treatment purchased in the day.

IPL (intense pulsed light) A collagen boosting anti-ageing skin treatment that can also target pigmented and vascular lesions, spider veins and Rosacea (redness), freckles and sun damage.

Advanced Laser Hair Removal

Diolaze is an advanced laser hair removal procedure that safely and gently eliminates unwanted hair.

Our premises and laser therapists are regulated and approved by the RQIA (The Regulation and Quality Improvement Authority). This includes a yearly rigorous inspection into our processes and procedures.

Anti-wrinkle Clinic at Eclectic

Anti - wrinkle Injectables and Fillers available from Dr Jenna Medical Aesthetics - call the Studio for Dr Jenna's latest schedule and pricing.

Hands and Feet by Margaret Dabbs London

Supreme Manicure or Pedicure with polish **£40**

Gold Standard Manicure or Pedicure including Gel **£45**

Gold Standard Manicure & Pedicure Combo **£80**

Seaweed Treatments by Irish Seaweed

Celtic Seaweed Bath **£50**

Waxing, Brows & Lashes

(Patch test required for new clients on treatments listed below)

Waxing for face and body	from £10
Lash Lift	£40
Eye Package	£25
Eyelash Tint	£10
Eyebrow Tint	£10

Male Grooming

Gents Back	£35
Gents Chest	£35

Make-Up

Full Make-Up Application	£55 (70 mins)
Make-Up Lesson	£65 (90 mins)
Strip Lashes	£10

Eclectic Packages

Luxury Eclectic Rose Package **£80 (90 mins)**

Includes Aromatherapy Rose Bath followed by a Signature Back Massage and an Express Rose Facial

Rejuvenating Head & Foot Package **£65 (60 mins)**

Includes an Aromatherapy Associates Serenity Scalp Massage followed by a relaxing foot & leg massage using luxurious Margaret Dabbs London products

Reformer Pilates & Yoga at Eclectic

"You will feel better in ten sessions, look better in twenty sessions, and have a completely new body in thirty sessions" – Joseph Pilates

Our purpose-built air-conditioned Pilates studios are contemporary, modern but relaxing and intimate. We offer classes to suit all levels of fitness and experience.

We offer a range of 1-2-1 and 1-2-2 sessions along with group classes. We operate 7 days per week.

If you are new to Pilates or have never used a Reformer before, we highly recommend you have a **1-2-1 personal session**.

Classes

20 Reformer Classes	£200
10 Reformer Classes	£135
5 Reformer Classes	£75
Single Reformer Session	£17

Pilates Personal Training

1-2-1 Session	£50
1-2-2 Session (train together)	£70
4 x 1-2-1 sessions	£180
4 x 1-2-2 sessions	£260
8 x 1-2-1 sessions	£340
8 x 1-2-2 sessions	£500

Taster

If you're experienced in Pilates/ Reformer but have never been to Eclectic we offer a Taster Offer which comprises of 2 sessions for £20.

Yoga at Eclectic

We offer Yoga for all levels here at Eclectic.

You can pay as you go or buy in bundles:

Single class	£9
Bundle – 5 classes	£40
Bundle – 10 classes	£70

Class schedules for Pilates and Yoga are available online at

www.eclecticlifestyle.com





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To book any of our services please visit our website
www.eclecticlifestyle.com

download our app: EclecticNI

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